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Carbon Laser Facial - The Hollywood Skin Peel

Carbon laser facial, which is a lunch-hour treatment,

has recently become quite popular among A-Listers due to its non-invasive and pain free qualities, and the ability to treat skin imperfections without any downtime or side-effects.

According to Lola Ali Mohammad, Medical Aesthetician at Dubai Cosmetic Surgery clinic, the Carbon Laser Peel treatment incorporates the use of laser on a medical carbon cream layer applied on the skin. "The carbon layer acts as a photo-enhancer, which vaporizes when the laser is applied to it. The carbon takes with it a very thin layer of skin, leaving your skin glowing with a youthful complexion."

At Dubai Cosmetic Surgery, explains Lola, she uses Q-switched Laser, which is a state-of-the-art machine that delivers targeted high intensity pulses of light to the skin.

How Carbon Laser Facial Peel Works

First, the skin is cleansed of any impurities then the medical cream carbon is applied on the area. "In our case it is usually the face, hence the entire facial skin is covered," explains Lola. The carbon is left to dry for few minutes.

After the drying, high intensity pulses of light (laser) are shot onto the skin, which is now covered in dry carbon. The carbon absorbs these intense pulses of light (laser), which leads to micro explosions of the carbon on the epidermal layer of the skin. At this point the patient feels a bit of warmth on his/her skin, without any pain. This warmth is the heat released by the carbon, which in turn exfoliates the skin and cleans out the pores through skin resurfacing.

"And since the procedure is non-invasive, there is zero downtime. Actually this is what we call the perfect lunch-hour procedure because you can get back to work immediately after," states Lola, adding that using a wide spectrum sunscreen is of importance after the treatment.

What Carbon Laser Facial Peel Treats

- Tightens/reduces the size of enlarged skin pores
- Reduces shine and oiliness
- Reduces the appearance of wrinkles and fine lines
- Treats acne and acne scarring
- Corrects Pigmentation and uneven skin tone
- Stimulates lymphatic drainage
- Reduces oedema (swollenness)
- Results to Expect After the Treatment
 - A more youthful look due to collagen stimulation
 - A radiant and glowing complexion
 - Improved skin texture
 - More even skin tone

Carbon Laser facial peel is suitable for all skin types as well as for both men and women who suffer from the above skin conditions. For the treatment to achieve the desired results, several sessions are required ranging from 3 to 6 sessions. "And finally, the results also depend on how severe your skin imperfection is as well as the price," adds Lola.

